

VILLA RESTAURANT GROUP

Teladoc Telemedicine

Your Virtual Care Solution

Teladoc.com

1-800-835-2362

When you need affordable care, Teladoc gives you 24/7 access to a U.S. board-certified doctor by phone or video for many non-emergency illnesses.

Why Use Teladoc?

- Talk to a doctor anytime, anywhere by phone or video
- Avoid the waiting room and get care from home, work, or while traveling
- Receive treatment for common non-emergency conditions
- Get a prescription when medically necessary

Common Conditions Treated

- Sinus infection
- Flu
- Cough
- Sore throat
- Rash
- Allergies
- Upset stomach
- Nausea
- Bronchitis and more

Get Started in 4 Easy Steps

- Download the Teladoc app from the App Store or Google Play
- Select “Set up your account”
- Enter your basic contact information to confirm eligibility
- Create your account, including your address, phone number, username, password, and security questions

What to Expect

- Connect with a doctor in minutes for many common non-emergency conditions
- Use Teladoc at home, at work, or while traveling within the U.S.
- Receive treatment recommendations and, when appropriate, a prescription

Know Your Care Options

- **Teladoc:** Best for convenient, fast care for non-emergency conditions
- **Family doctor:** Best for preventive care and ongoing medical needs
- **Urgent care/ER:** Best for severe injuries, chest pain, burns, broken bones, and emergencies



Frequently Asked Questions

What is Teladoc?

Teladoc provides 24/7 access to U.S. board-certified doctors by phone or video for many non-emergency illnesses, including flu, allergies, sinus infections, and more.

Who are the Teladoc doctors?

Teladoc doctors are licensed internists, family doctors, and pediatricians. They average 20 years of experience and are licensed to practice in your state.

Does Teladoc replace my doctor?

No. Teladoc does not replace your primary care doctor. It is intended for non-emergency illnesses when it is not convenient to visit your doctor or when care is needed outside regular office hours.

How do I talk to a Teladoc doctor?

You can connect with a doctor by phone or video.

How do I set up my Teladoc account?

Visit **Teladoc.com** and click Member Login, download the mobile app, or call **1-800-835-2362**

How do I request a visit?

Log in online or through the app and select "Request a Consult." You can also request a visit by phone.

Is there a time limit when talking with a doctor?

No. There is no time limit for visits.

Am I charged more for talking longer? No. There is

No extra charge for longer visits.

Can Teladoc doctors write a prescription?

Yes.Doctors can prescribe medication when medically necessary.

If the Teladoc doctor recommends that I see my primary care doctor or a specialist, will I be charged?

The visit fee applies for the doctor's consultation time; however, your plan covers this cost as described in your benefit materials.

Can my primary care doctor get a record of my Teladoc visit?

Yes. With your consent, Teladoc can send an electronic copy of your visit to your primary care doctor.

Traveling? Take Teladoc with you anywhere in the United States for care by phone or video. Teladoc is not available internationally.