



Allowable Over-the-Counter Expenses

The following guide has been created to provide guidance on the type of items that are reimbursable. Please check your company's plan documents for specific exclusions. To verify if a certain expense is covered if it is not listed below, please call 800.532.3327.

Acceptable Over-the-Counter Items		
Insulin Saline Bandages/Band-Aids Rubbing Alcohol Thermometers Cold/Hot Packs First Aid Kits Oxygen	Ovulation Indicators Pedialyte Blood Pressure Monitor Cholesterol Test Pregnancy Test Condoms Flu Shots Reading Glasses	Gauze and Tape Incontinence Supplies Diabetic Supplies Glucose Meters Sunscreen SPF 30+ Crutches Orthopedic Shoe Inserts Breast Pumps/Lactation Supplies
Dual Purpose Over-the-Counter Items (Requires Further Documentation)		
Acid Controllers Acne Medications Allergy & Sinus Antibiotic Products Anti-Diarrheals, Anti-Gas Anti-Itch & Insect Bite Asthma devices and Medication Ear Wax Removal Smoking Cessation Medication	Antiparasitic Treatments Baby Rash Ointments/Creams Cold Sore Remedies Cough, Cold & Flu Digestive Aids Feminine Anti-Fungal/Anti-Itch Contraceptive Pills Humidifier	Laxatives Motion Sickness Pain Relief Sleep Aids & Sedatives Stomach Remedies Vitamins and Supplements Compression Hose Medicated Sunburn Creams
Non-Acceptable Over-the-Counter Items		
Aromatherapy Baby bottles and cups Baby oil Baby wipes Cosmetics Dental floss Facial care	Feminine care Fragrances Hair regrowth Oral care Petroleum jelly Shampoo & conditioner Skin care	Spa salts Sunscreen/tanning products Teeth Whitening Products Tooth brushes Toiletries (i.e. Deodorants, Fragrances, and Tissues)